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THE CINCINNATI ENQUIRER

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LATE NEWS/SPORTS **50 CENTS**

Up Front

Must reads inside today's Enquirer



'Born to Run' box set captures dreams and vision

The Bruce Springsteen box set for the 30th anniversary of "Born to Run" includes a remastered CD, a DVD documentary and a concert DVD. The result captures a rock 'n' roll breakthrough. LIFE D1

St. X playoff moved to Nippert

St. Xavier's football playoff game against Huber Heights Wayne has been moved to 12:30 p.m. Saturday at Nippert Stadium at the University of Cincinnati. **SPORTS C1**

2 murder charges in woman's death

By Jessica Brown Enquirer staff writer

"This is probably the big-gest game since the '88 play-Tickets for this weekend's Bengals-vs.-Indianapolis Colts game might as well be offs game versus the Bills," made of gold. said Travis Jackson, market-Online auctions and ticket

ing director for Ticket Time in brokers are seeing demand -Frankfort. and prices - skyrocket for "We've already fielded 1,000 calls today," he said. "It's what is anticipated to be the biggest game of the season the talk of the town right for Cincinnati's 7-2 team. now."

Regular ticket prices at the playoffs. Paul Brown Stadium range Fans say from \$49 to \$68.

Fans roar for Bengals tickets

Sunday's game at the 65,535-capacity venue has been sold out since the beginning of the season, but people are paying up to \$650 a seat to be part of the Jungle at a game that could open the door to

Fans say the demand is no

surprise. "It's the game," said Bengals fan Steve Bradford, 34, of Eastgate. "The Colts are the best team in the AFC. They're 9-0.

See **BENGALS**, Page A6

More inside

Indianapolis game brings to mind Bengals' 2003 upset of Kansas City. C1

Hamilton County officials irked by comments of Bengals coach Marvin Lewis regarding

lawsuit. **B2**

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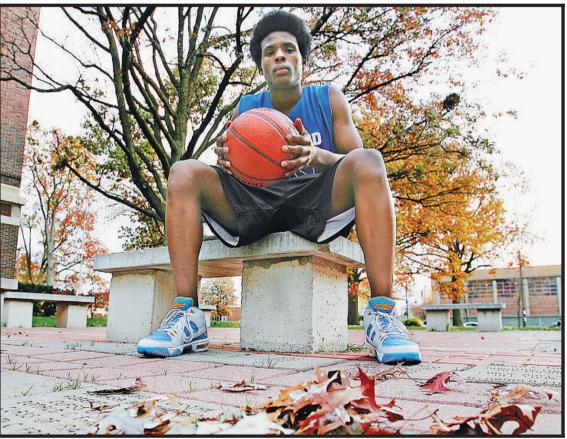
Seats sell for up to \$650 apiece in game with Colts

How much would you pay for tickets to the game? Tell us at Cincinnati.Com. **Keyword: Bengals**

Online

Know the best place for Bengals fans without tickets to watch the game on TV? Send us an e-mail at localnews@enquirer.com, and we'll share the top spots.

SPECIAL REPORT: THE COST TO COMPETE



Medicare Rx sign-up leaves some confused

Local seniors must choose from more than 50 plans

By Peggy O'Farrell Enquirer staff writer

drug coverage plan.

Getting help

Plenty of organizations are Beginning today, more standing by to help sort through than 260,000 adults in Greater the available plans. A6

> **Online:** For expanded coverage, go to Cincinnati.Com.

Keyword: Medicare

A man accused in a fatal shooting has been charged with two counts of murder. The woman killed was pregnant. LOCAL B1

Delta calls strike 'murder-suicide'

Delta Air Lines says that a strike by pilots would be "murder-suicide" and argues in bankruptcy court against the union's right to walk out. **BUSINESS B5**

Alito boasted of anti-abortion view

Samuel Alito applied for a Reagan administration job in 1985 by citing his work arguing "the Constitution does not protect a right to an abortion.' NATION A4

Hurricanes chop sugar output

Hurricanes Katrina and Rita decimated fields of sugar cane, bringing industry troubles and higher prices. NATION/WORLD A2

COMING WEDNESDAY

One of our Ultimate College Roadtrip contestants reports on her visit to a college football game. Get Molly Linder's take. SPORTS

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The Enquirer/Jeff Swinge

DéJon Baker, a junior at Norwood High, aspires to a better life through a scholarship to play college basketball. Reaching that level may require better equipment and training than needy families can afford.

ARE WE CREATING A RICH KID'S GAME?

By Shannon Russell Enquirer staff writer

DéJon Baker describes his life in one word: "Tough."

The Norwood High School junior is being raised by a single mom. Both his brothers are incarcerated. There were nights, growing up, when the "electricity was cut off for a couple of weeks" and "it was kind of hard for us to pay for stuff," he says. DéJon is a basketball

player who wants to get to college on a scholarship. He just hopes he has the chance.

As the cost to compete climbs to stunning highs, about keeping up with kids from poor families costs that seem to have no fear falling behind players end.



The Enguirer/Tony Jones

DéJon Baker gets tips on his game from Matt Tudor, one of his coaches at Shining Stars, a nonprofit that fields AAU teams.

who are better equipped Coaches and others warn that money is creatand better trained. Middleincome families worry ing an elite sports society that favors the rich.

See COMPETE, Page A6

LAST OF THREE PARTS

SUNDAY: Thirty local families count costs. Average last year for one high school athlete: \$6,100.

MONDAY: Professional services help athletes find scholarships and college programs for a fee. TODAY ON A6: How to level the playing field.

ONLINE

Go to Cincinnati.Com to hear local teens tell what it takes to be competitive today. Also: Tell us your thoughts by answering our questionnaire. **Keyword: amateur**

Kids at risk for heart disease Study: Dining out too much also linked to diabetes

By John Fauber Milwaukee Journal Sentinel

likely to be overweight.

DALLAS – Kids who eat don't teach them a better way in restaurants often are more of life," said lead author Kalikely to have risk factors for ren Olson, a registered nurse cardiovascular disease and and executive director of the diabetes, according to a novel Cardiovascular Research and study presented here. Education Foundation of The study is thought to be

Wausau, Wis. the first to link eating out and The study, which was preheart disease risk factors, sented at the American Heart such as high blood pressure, and diabetes risk factors, such as poor insulin sensitivschool kids. ity. It adds to earlier research showing that children who

eat out frequently are more ate out more than four times a lunches.

children who eat out fewer than four times, they had more high blood pressure, lower levels of HDL cholesterol (the good kind), smaller LDL cholesterol particle size (an established heart-disease risk factor) and more insulin insensitivity (an early warning sign of Type 2 diabetes).

Most of the differences were modest, but several were statistically significant. For instance, the average blood pressure of the kids who ate out often was 110/70, compared with 106/66 in Compared with the 495 those who ate out fewer than

four times a week.

The children who ate out often also had diets that were higher in starch, sugar, sodium, fat and cholesterol. In addition, they drank an average of six cups of soda and other sugary soft drinks a week, compared with 3.7 cups for the children who ate out fewer than four times a week.

Olson said most parents were unaware that their children were developing risk factors for heart disease and diabetes. Most parents said they ate out with their kids because of time constraints.

ones have asked for help with high prescription drug costs for years. Supporters of Medicare Part D say the program will help cut those costs. But as enrollment for the longawaited benefit opens, many seniors – and their caregivers – are frustrated by the sheer complexity of trying to sign

Cincinnati and Northern Kentucky can sign up for Medi-

care's first-ever prescription

Seniors and their loved

up. Some seniors complain that there are too many plans to choose from, including 57 in Cincinnati and its surrounding Ohio counties and 52 in Northern Kentucky.

"We're getting so many

questions, our heads are spinning," said Nancy Hiltibrand, a service coordinator at Panorama Apartments, a complex for seniors in Covington. "Our residents are very confused about the program itself and the number of plans available.

Medicare Part D is a new prescription drug coverage benefit provided by private insurance companies. Enrollees will pay discounted drug prices.

See MEDICARE, Page A6

What to expect

Showers and storms will usher

in much cooler temperatures.

Brace yourself for cold weather

TODAY

THURSDAY

Flurries

By Steve Kemme Enquirer staff writer

Strong winds and storms will whip into the area today, and freezing temperatures will strike later this week ending Greater Cincinnati and Northern Kentucky's long stretch of mild autumn weather.

Winds will be 10 to 20 mph today, with gusts occasionally reaching 30 mph, according to the National Weather Service in Wilmington. Tonight and Wednesday, winds will be 15 to 20 mph and could gust up to 35 mph.

Those type of winds aren't very dangerous," said Jeffrey Sites, National Weather Service meteorologist. "They might blow some garbage cans around, but they generally don't do any damage."

Winds generally need to be 30 to 40 mph with gusts up to 45 mph before they blow down small tree branches, he said.

Still, as a precaution, people should tie down their patio furniture and other loose outdoor objects or take them inside, said Mike Gallagher, a National Weather Service meteorologist.

Temperatures are expected to dip below freezing Wednesday, Thursday and Friday nights.

Some area residents have already prepared for the high winds and colder weather.



COMPLETE FORECAST, B12

Donna Strittmatter, 51, of Blue Ash, said she's covered and secured lawn furniture.

"We're due for bad weather," she said. "We've had a warm fall.'

A low-pressure area associated with the cold front coming in from Canada is responsible for bringing in the high winds, Sites said.

Allan McNaul, an 82-yearold Montgomery resident, said he's ready for the high winds. His patio umbrella and lawn furniture have been placed in his garage.

McNaul sees a bright side to the strong winds.

"It may blow some of my leaves away," he said. "So bring on the wind. Goodbye, leaves.'

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Association's annual scientific sessions, involved 621 Wausau elementary and high Among those children, 126

week, not counting school "This is about what is going to happen to kids if we